



CHRVA Girls' Regional High Performance Tryouts

Charles Ezigbo

CHRVA is hosting its seventh annual tryouts to select two teams to compete in the USAV High Performance Tournament in Ft. Lauderdale, Florida July 23-27, 2013.

- **Girls' Youth National** (born in 1996 and after)
- **Girls' USA Select** (born in 1998 and after)

Girls born before January 1, 1996 are not eligible to participate in these tryouts.

Tryout Dates – both levels	Time	Location
Sat. June 1, 2013	10:00am – 12:30pm	Volleyball House
Sat. June 8, 2013	10:00am – 12:30pm	Virginia Volleyball Center

<p><u>If you are selected for one of the teams:</u></p> <ul style="list-style-type: none"> ▪ You will have 24 hours from time of notification to accept an offered position ▪ A non-refundable deposit of \$500 will be required at time of acceptance ▪ Balance required – July 1, 2013 	<p style="text-align: center;"><u>TRYOUT COST</u></p> <p>\$50 – one time charge for all sessions (You can attend all the sessions for \$50)</p> <p><u>All tryout attendees must:</u></p> <p>Provide proof of age</p> <ul style="list-style-type: none"> ▪ Be currently registered in the CHRVA region as a USAV member <p><u>At the Tryouts:</u></p> <ul style="list-style-type: none"> ❖ Registration begins at 10:00 AM ❖ Athletes are encouraged to attend to attend both tryouts but attendance at both is not necessary
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Coaches

Youth National – **Seng Chiu** (previous William & Mary, George Mason, Hampton, Nevada-Reno, Christopher Newport, Marymount University assistant coach). Karen Riffanacht (McDaniel's College).

USA Select – **Charles Ezigbo** (previous George Washington University assistant coach, current eleventh season Chantilly High School Varsity), Amanda Krampf (current McDaniel's College assistant coach)

Selection for either team will require a signed commitment from the athlete and her parents. The commitments are threefold: personal, financial, and time.

Personal: Selected athletes must be ready to work hard and be ready to sacrifice for the team and the CHRVA region they are representing.

Financial: The estimated cost for a selected player to participate is **\$900**. This includes (but not limited to): travel, lodging (during training and travel), ground transportation, uniforms, registrations, pre-competition training, training facility and equipment, etc.

Time: Attendance at the **ALL** the following events are **mandatory**.

July 12, 13, and 14	[Training – College of Notre Dame, Baltimore]
July 18, 19, 20, 21	[Training -Virginia Volleyball Center, Sterling Virginia]
July 22	[Depart for event]
July 23-27	[Competition]
July 28	[Return]

Registration at www.chrva.org (Juniors section)

- **Pre-registration ends the Thursday before tryouts or once the maximum number of attendees is reached**
- **\$50 Pre-registration**
- **\$60 walk-ups - Tryout shirts available to walkups only while they last**