



## Digs – Summer 2017

### Former CHRVA Member Joins USAV Team for Pan American Cup, Helps Team Win Gold

*Dado Singer, Director of Junior Programs*

Rhamat Alhassan may no longer be a CHRVA junior player, but since she is a local girl, I thought it worthwhile to share her story. (Rhamat is in the first row, second from the left. Photo courtesy of USAV.)

Rhamat did not start playing volleyball until her sophomore year in high school, where the coaches encouraged the 6' 4"



Glenarden, Maryland native to join the volleyball team. With Rhamat anchoring the middle, the Academy of the Holy Cross won back-to-back WCAC championships and she was named the 2013 WCAC player of the year. In addition, Rhamat made the 2012 and 2013 USAV Girls' Youth National Teams.

Following her three-year tenure with Metro American Volleyball Club, Rhamat was named to the U.S. Women's Junior National Team for the NORCECA U20 Continental Championship in 2014. The team won gold and Rhamat was named MVP, Best Blocker, and a member of the All-Star Team.

In 2016, the Florida Gator standout was named to the U.S. Women's National Team roster for the Pan Am games. She was a leading contributor to the team's bronze medal finish with a total of 64 points (36 kills, 24 blocks, and 5 service aces). In the team's only loss against Puerto Rico, Rhamat was the leading point scorer for USA with six kills, five blocks, and a service ace.

Rhamat was again named to the 12-player roster for the Pan American Cup that was recently played in Peru. I'm pleased to announce the team won the event after beating Dominican Republic 25-16, 19-25, 25-20, 25-23.

For more information about the team and players, visit [the USAV website](http://theUSAVwebsite.com).