



Winter 2011

Dear Dr. Digs

Dr. Digs has been getting an unusual amount of letters about the new CHRVA uniform policy. (The unusual parts being that 1. Nobody writes letters anymore; 2. Multiple people are interested in this topic; and 3. Dr. Digs is now referring to himself in the third person, as if trying to write a comedic column wasn't vain enough.) The first one is a text message.

Dear Dr. Digs YRU chngin the uni rulz? Ppl wil look @ u like what r u wearin if u all wear dif shortz. LOL.

Dr. Digs has no idea what this person is asking or why there are so few real words in the question, so we'll move on to the next letter. – Dr. Confused

Dear Dr. Digs, Is it true we can all wear different colored spandex now? Katie wants to wear green from her high school, but Amanda wants to wear pink for Dig Pink, and Kelly says she does not have anything but black. - Sarah16

Sorry, Sarah, this one is just for the adult teams. When you have all finished playing in college and get your old friends back together for the Women's division you can finally wear different colors. For now, you can still show off your style with those cool argyle socks. (They're still cool, right?) – Dr. Cool

Hey Doc, So we can wear different shorts now? I can wear my cutoff jeans and my teammate can wear those basketball shorts, and another guy can wear cords? - Gene

Dear Jeanshorts Gene, there's no easy way to tell you this, but you should never leave the house in those shorts...EVER. Not if your house is on fire and they're the only things left. Not if Mothra himself comes in and eats everything else you own. Not if a mad scientist creates a worldwide mind control device and forces everyone on Earth to wear cut-off jean shorts. Just don't (but technically, they would be legal.) But don't. Please. – Dr. Disgusted

Moving on to a new topic...

Dear Dr. Digs, Can you please explain some of this volleyball slang I keep hearing? What are sixpacks, beerpoints, campfires, anchors, backwards foot faults, etc? – Lexi

Dear Lexicon Lexi, Volleyball players have their own alien language (presumably because many of them come from a planet where everyone stands taller, moves faster, sets better, and hits

harder than Dr. Digs – who is back to using the third person again apparently.) So here are some of the most important ones:

Sixpack – When you hit the opponent in the face with a spike (during the game, not during warm-ups). For adults, this sometimes means that they owe you a six-pack of beer. (Don't share any with your blockers, who obviously aren't protecting you.)

Headhunting – Looking for sixpacks.

Beerpoint – Again with the alcohol, if you have game point and you miss your serve, you owe everyone on your team a beer. (If they have stopped speaking to you, this also may help with that problem.)

Campfire – The ball drops in the middle of the court as the team members form a big circle around it, like a campfire. (Pass the S'mores!)

Anchor – A float serve that does not float. This often leads to the Nail, Nectar, and Boom. (Perfect pass, perfect set, and crushing spike)

Backward foot fault – Everyone knows that a foot fault is when you step on the court before you serve the ball. A backward foot fault is when your toss goes behind you and you step backward to try to hit it anyway, leading to stepping off the sport court or falling into the court netting (also called a Tuna.)

That's all for now, my well-read friends. This is Dr. Digs wishing you Nails, Nectars, and Booms, but without the ego of speaking in the third person. Happy New Year!

Dr. Digs – PhD VB