



## **Juniors News**

*Dado Singer, Director of Junior Programs*

### **Outdoors**

We are about to wrap up an exciting outdoor season. The program has grown in both size and scope. Similar to the CHRVA Regional Indoor High Performance Team, the Region has developed a Regional HP Juniors Beach Team and added a beach program to the existing juniors outdoor grass program. Starting with the USAV/CHRVA Junior Beach HP tryouts held in May at Rehoboth Beach, top performers were selected to compete in the CHRVA Junior Beach HP program. The participants competed for placement on the CHRVA Junior Beach HP team to participate at the USAV Junior Beach High Performance Championship at Hermosa Beach, CA. Selected players were invited to the CHRVA Junior Beach High Performance Camp. The camp provided 32 hours of advanced instruction on the sand doubles game including optimized footwork and movements to advanced beach shots, serves, game strategies, and tactics in preparation for play at the Championship. The training helped the doubles teams in several age groups to be more competitive.

### **Boys**

Tryouts are starting a month earlier this year and were slated to begin as early as September 15. This will allow teams to be formed and ready to go by the December tournaments. In an attempt to grow the boys program, boys teams that are 14s and younger can play in girls tournaments if those tournaments are not filled. No boys teams in your area? Boys can play on girls club level teams at the younger age groups as well.

### **Girls**

A big change is coming to Junior Girls Regional Championships this year. Get ready for one weekend of great competition and sportsmanship at the DC Convention Center on April 12 and 13! Because of the conflict with NEQ, the 15s and 16s age groups will continue to play at local volleyball venues this year, on April 5 and 6. Open level will be played over two days and Club level will follow the traditional format with single day tournaments.

The Open Tryout Period for girls teams in the 13s and younger age groups is November 1-11. For 14s and higher age groups, it is November 8-18. [You can find a chart with age group definitions on the website.](#)